



KITS ACADEMY



GET YOUR KIDS ACTIVE THIS SUMMER



7 GREAT ACTIVITIES ALL AT RUGBY COLLEGE

www.kitsacademy.com

KA Kits Academy CIC Ltd No: 10685516

RUGBY

Rugby College, Technology Drive, Rugby CV21 1AR

Multi Sports	23rd–27th July / 30th July–3rd August / 6th–10th August / 13th–17th August / 20th–24th August / 28th–31st August
Football	23rd–27th July / 30th July–3rd August / 6th–10th August / 13th–17th August / 20th–24th August / 28th–31st August
Dance	23rd–27th July / 30th July–3rd August / 6th–10th August / 13th–17th August / 20th–24th August / 28th–31st August
Archery & Fencing	6th–10th August
Trampolining	30th July–3rd August / 20th–24th August
Gymnastics	23rd–27th July

TIMES

Early Drop off
8:30am–9:00am
Just £2 Extra

Normal Drop off
9:00am–9:30am

Pick up
3:00pm–3:30pm

Late Pick up
5:00pm
Just £3.50 Extra

Half Day AM
Drop off: 9:00am–9:30am
Pick up: 12:00pm–12:30pm

Half Day PM
Drop off: 12:00pm–12:30pm
Pick up: 3:00pm–3:30pm

Half Days are available in:



All children need to bring a packed lunch and plenty of drink

All equipment used is risk assessed to avoid injury. Instructors supervise all children to ensure all safety aspects are met and maintained. Instructors are experienced and hold specific Sport & Dance Qualifications relevant to each activity/course, full DBS checks, Child Protection Certified and are First Aid Trained. Children are split into age appropriate groups to meet the needs of all children.

Ofsted Ruling – Children in Reception and below are only permitted to stay with Kits Academy for a maximum of 4 hours per day. Flexibility is given allowing parents to decide the start and end time of the 4 hour period each day. The cost for this is the equivalent to half day pricing.



All Parents Must Pre-Book to Avoid Disappointment

TO BOOK

VISIT www.kitsacademy.com

for more information

CALL US ON 07772 873271

EMAIL US AT bookings@kitsacademy.com

MULTI SPORTS

£7 PER DAY

Reception to Year 8 Maximum Spaces: 20
Sports Wear and Trainers Required

Multi Sports brings together a wide a variety of sports into the very best elements. Children are split into age banded groups and cover many different sports every day. Each sport focuses on developing children's basic to technical skills in a variety of sports listed below:

Athletics	Gymnastics	Tag Rugby
Badminton	Kwik Cricket	Rounders
Basketball	Golf	Tennis
Dodge Ball	Handball	Ultimate Frisbee
Football	Hockey	

To conclude each week children take part in team games and competitions for all to enjoy!

GYMNASTICS

5 DAY COURSE / £65 FOR THE WEEK

Years 1 to 8 Maximum Spaces: 20
Sports Wear and Trainers or Pumps Required

Our Gymnastics course is for all children to enjoy! Children learn new skills and develop through exciting technical practices. Participants progress through Gymnastics Proficiency awards with 10 types of activities and 8 Levels of attainment.

All incorporated into individual skill tasks, drills and routine construction, guaranteeing great fun for all!

ARCHERY & FENCING

5 DAY COURSE / £65 FOR THE WEEK

Years 1 to 8 Maximum Spaces: 24
Casual Sports Wear Required

Archery – Discover the secret to shooting a bow and arrow in this fun introductory Archery course! Your child will be guided through the 10 steps of shooting techniques which develop children's mental arithmetic whilst following careful instructions.

Fencing – The aim of the Fencing Course is to introduce children to the sport and familiarise themselves with the exercises and equipment. Each child will be able to demonstrate a range of termed Fencing moves and actions which will enable them to progress onto higher level technical based exercises.

DANCE

£10 PER DAY

Reception to Year 8 Maximum Spaces: 20
Tracksuit Wear and Trainers or Pumps Required

The Dance Programme encourages children of all ages to have fun in an exciting creative platform. We specialise in fundamental Dance Subjects including Modern, Hip Hop, Street Dance and Cheerleading.

Younger children learn key characteristics and styles relevant to different types of Dance whilst junior children develop technical skills through challenging group based exercises, producing interrelated frameworks of Dance. Whether your child is a beginner or part of a Dance School, the expressive art accommodates all skill levels.

FOOTBALL

£10 PER DAY

Reception to Year 8 Maximum Spaces: 20
Sports Wear, Shin Pads, Trainers or Astro Trainers Required

Our specialist Football Programme provides children with a focused opportunity to develop current skills and enhance their playing ability.

Little Laces, Reception to Year 2 - Children learn new skills through Footballing topics delivered in technical practices during morning periods and skill to match situations in the afternoon. All planned exercises are designed to suit children's ability and maximise participation.

Juniors, Year 3 to 8 - The group builds on children's current skills individually and within a team. Exercises focus on specific Footballing topics each day and progress through technical aspects, skill based exercises & tactical awareness, in accordance with each child's playing ability.

TRAMPOLINING

5 DAY COURSE / £65 FOR THE WEEK

Years 1 to 8 Maximum Spaces: 20
Sports Wear and Trainers or Pumps Required

A fantastic all round Trampoline course with hours of enjoyment. Develop through the basic fundamental actions and progress onto shapes and landings in the technical practices.

Each child will progress through age appropriate Trampoline Proficiency awards with every level offering a variety of skill development. The course is designed to provide all round grounding for children wishing to learn the basics and develop their skills. Gymnastics elements are incorporated into the course for reference.



All activities and courses have award ceremonies, children are presented with certificates and the chance to win a trophy!

EARLY BIRD PRICES

Make sure you secure your child's place for the exciting activities and courses ahead with our discounted Early Bird prices.

Book before the 22nd June to make the most of **UP TO 28% OFF**

£8 per day

DANCE & FOOTBALL

£55 for the week

for any of:
ARCHERY & FENCING
TRAMPOLINING
GYMNASTICS

£5 per day

MULTI SPORTS

FOR MORE INFORMATION

VISIT www.kitsacademy.com

OR

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SCHOOL PHYSICAL EDUCATION SERVICES

Kits Academy provides children with Physical Learning opportunities and encourage active lifestyles. We offer a comprehensive range of activities and Programmes to cater for a wide variety of children which are flexible around Schools' daily timetables. Please see below a selection of our most popular Programmes:



ARCHERY AND FENCING PROGRAMME

Our Olympic Sports Range offers children the chance to take part in an activity outside the norm. Archery and Fencing appeals to children of all abilities and is a sport which can be easy to learn as an individual or as part of a team.

Where? Playground / Field / Hall

Year groups? Years 1 - 6

Equipment? Provided by Kits Academy

Times? P.E / PPA / Extended

Services / Enrichment Day

Costs? Starting at £30



GYMNASTICS PROGRAMME

Children are introduced to explore movement in challenging but achievable tasks progressing overall development in age appropriate sessions through core curriculum requirements such as travelling, balancing and jumping in pulse raising exercises.

Where? Hall

Year groups? Years Rec - 6

Equipment? Provided by Kits Academy

Times? P.E / PPA / Extended

Services / Enrichment Day

Costs? Starting at £30



TRAMPOLINING PROGRAMME

Trampolining offers children the chance to take part in a performance based activity to improve children's core skills. Children engage in challenging tasks to progress overall development from simple jumps to complex combinations and landings.

Where? Hall

Year groups? Years Rec - 6

Equipment? Provided by Kits Academy

Times? P.E / PPA / Extended

Services / Enrichment Day

Costs? Starting at £30



CHEERLEADING PROGRAMME

The Programme provides a fun introduction to a range of Cheerleading topics. Children will improve their agility, balance, co-ordination, confidence and fitness in fun cheerleading exercises and routines.

Where? Classroom / Hall

Year groups? Years Rec - 6

Equipment? Provided by Kits Academy

Times? P.E / PPA / Extended

Services / Enrichment Day

Costs? Starting at £30

X1 FREE DAY AM / PM IN ANY PROGRAMME TO YOUR SCHOOL DURING THE SUMMER TERM

We deliver a wide variety of services to a high standard at affordable prices. For information on the services we can offer your School please contact us at:

George Woodward

t: 07468 430033

e: enquiry@kitsacademy.com